Sheffield Yoga for ME/CFS

Order Form

Each CD costs £10.00 plus p&p.

For delivery in the UK please add postage and packing of £1.50 for the first CD (and £1.00 for each additional CD)

For delivery outside the UK then please email Sheffield Yoga for ME/CFS at sheffieldyogaforme@yahoo.co.uk with your order and the delivery address and we will let you know how much to add on for postage and packing

For ordering in bulk (more than 5) please email Sheffield Yoga for ME/CFS at sheffieldyogaforme@yahoo.co.uk for a quote.

Please send the completed form, together with a cheque made out to *Sheffield Yoga for ME/CFS* to:
"Yoga Nidra CD", Sheffield Yoga for ME/CFS, 36 Psalter Lane, Sheffield, S11 8YN.

Please allow up to 14 days for delivery.

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Name: ……..…..

Address: ……..……..

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Post Code: ……

Telephone: …… Email address: ……..

In case we need to contact you please provide a telephone number or email address. This information will not be passed on to anyone else or used to try to sell you anything but is in case an ordered item is out of stock or your order is unclear.

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Quantity	Item	Cost
	Total cost of items	
	Postage and packaging (see notes)	
	Total cost of order	